

Digital Health

Artificial Intelligence's Transformative Role in Management of Electronic Medical Records

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Abstract

The integration of ChatGPT's powerful document analysis capabilities into healthcare has the potential to transform the way medical professionals and researchers extract and utilize information from electronic medical records (EMRs) and biomedical literature. By leveraging ChatGPT's advanced natural language processing and machine learning techniques, healthcare providers can efficiently identify and extract both objective and subjective information from patient records, enabling them to make more informed decisions, provide personalized care, and ultimately improve patient outcomes. In the realm of medical research, ChatGPT can streamline the process of conducting systematic literature reviews, facilitate the analysis of large clinical datasets, and aid in the generation of novel hypotheses by uncovering hidden patterns and connections across multiple domains of biomedical knowledge. However, as healthcare organizations increasingly adopt ChatGPT, protecting patient privacy and ensuring the confidentiality of sensitive medical information becomes a critical concern. The use of document anonymizers plays a vital role in safeguarding patient data by removing personally identifiable information from medical records before they are processed by ChatGPT. By striking a balance between leveraging the power of artificial intelligence and maintaining the highest standards of data privacy and security, the healthcare industry can harness the full potential of ChatGPT to enhance the quality and efficiency of care delivery, accelerate medical research, and drive meaningful improvements in patient outcomes.

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What Generative AI models such as Chat GPT can be used for Analysis of Electronic Medical Records

Generative AI models, such as OpenAI's ChatGPT, have revolutionized the field of natural language processing and opened new possibilities for document analysis. These models are trained on vast amounts of text data, allowing them to generate human-like responses and perform various language-related tasks. ChatGPT, in particular, has garnered significant attention due to its impressive conversational abilities and its potential to assist in document analysis. ChatGPT is based on the GPT (Generative Pre-trained Transformer) architecture, which uses deep learning techniques to understand and generate natural language. The model is pre-trained on a diverse range of internet text, enabling it to acquire a broad understanding of language and context. When applied to document analysis, ChatGPT can be fine-tuned on specific domain-related documents, allowing it to grasp the nuances and terminology specific to that

domain.

The process of using ChatGPT for document analysis typically involves providing the model with a document or a set of documents as input. The model then uses its understanding of language and context to analyse the content, extract relevant information, and generate summaries or answers to specific questions. For example, if given a legal contract, ChatGPT can identify key clauses, highlight important terms and conditions, and provide a concise summary of the document's main points. Similarly, in the context of financial reports, ChatGPT can extract key financial metrics, identify trends, and generate insights based on the data presented. The ability of ChatGPT to process and analyse large volumes of text quickly and accurately makes it a valuable tool for streamlining document analysis tasks and extracting meaningful information from unstructured data.

Applying Chat GPT's power of Document Analysis for Extracting Objective Information within Electronic Medical Records

The application of ChatGPT's document analysis capabilities to electronic medical records (EMRs) has the potential to revolutionize the way healthcare professionals' access and utilize objective information. EMRs contain a wealth of patient data, including clinical notes, diagnostic reports, and treatment plans, which can be challenging to navigate and interpret efficiently. By leveraging ChatGPT's natural language processing and machine learning techniques, healthcare providers can extract relevant, objective information from EMRs, enabling them to make more informed decisions and improve patient care outcomes.

One of the key advantages of using ChatGPT for EMR analysis is its ability to understand and process unstructured text data. EMRs often contain free-form clinical notes, which may include abbreviations, medical jargon, and contextual information that can be difficult for traditional keyword-based search algorithms to interpret accurately. ChatGPT's deep learning architecture allows it to comprehend the nuances of medical language and extract meaningful insights from these notes. For example, ChatGPT can identify specific symptoms, diagnoses, and treatment plans mentioned in a patient's record, even if they are expressed in varying terminology or buried within lengthy narratives. This enables healthcare providers to quickly locate pertinent information without manually sifting through extensive documentation.¹

Moreover, ChatGPT can assist in the identification of objective information within EMRs by filtering out subjective or speculative statements. In medical records, it is crucial to distinguish between factual data, such as laboratory results and imaging findings, and subjective observations or opinions expressed by healthcare providers. By training ChatGPT on a large corpus of medical literature and guidelines, the model can learn to recognize and prioritize objective information over subjective statements. This can help healthcare professionals focus on evidence-based data points when making clinical decisions, reducing the risk of bias or misinterpretation. Additionally, ChatGPT can generate summaries of key objective findings from multiple EMRs, enabling clinicians to quickly review a patient's medical history and identify relevant patterns or trends. This streamlined access to objective information can enhance diagnostic accuracy, facilitate collaboration among healthcare teams, and ultimately lead to improved patient outcomes.²



Applying Chat GPT's power of document Analysis for Extracting Subjective Information within Electronic Medical Records

The application of ChatGPT's document analysis capabilities to electronic medical records (EMRs) opens up new avenues for identifying and extracting subjective information, which can provide valuable insights into patient experiences, preferences, and quality of life. While objective data, such as vital signs and laboratory results, are crucial for clinical decision-making, subjective information offers a more comprehensive understanding of a patient's overall well-being.

By leveraging ChatGPT's natural language processing and machine learning techniques, healthcare providers can uncover subjective elements within EMRs, enabling them to deliver more personalized and patient-centred care. One of the primary areas where ChatGPT can be applied to extract subjective information from EMRs is in the analysis of patient narratives. These narratives, often found in clinical notes or patient-reported outcomes, contain valuable insights into a patient's subjective experiences, such as pain levels, emotional well-being, and daily functioning. For example, a patient with chronic back pain may describe their pain as "constantly throbbing" or "interfering with sleep," providing a more nuanced understanding of their condition beyond objective pain scale ratings.

ChatGPT can identify and highlight these subjective descriptions, allowing healthcare providers to gain a more comprehensive picture of the patient's lived experience. This information can guide treatment decisions, such as adjusting pain management strategies or referring the patient to additional support services. Another area where ChatGPT can be valuable in extracting subjective information from EMRs is in the identification of patient preferences and values. Patients often express their goals, concerns, and treatment preferences during clinical encounters, and these subjective elements are typically documented in the EMR. For instance, a patient with advanced cancer may express a desire to prioritize quality of life over aggressive treatment, or a patient with diabetes may voice concerns about the impact of insulin injections on their daily routine.³

By training ChatGPT on a diverse range of patient narra-

tives and medical literature, the model can learn to recognize and extract these subjective preferences from EMRs. This information can inform shared decision-making processes, ensuring that treatment plans align with patients' values and goals. Furthermore, ChatGPT can assist in the analysis of subjective information related to social determinants of health (SDOH). SDOH, such as housing stability, food security, and social support, have a significant impact on patient outcomes and well-being. However, this information is often captured in unstructured text within EMRs, making it challenging to extract and utilize effectively.

ChatGPT can be trained to identify mentions of SDOH within clinical notes, patient surveys, or social work assessments. For example, if a patient mentions "struggling to afford healthy food" or "feeling isolated due to limited transportation," ChatGPT can flag these subjective indicators of SDOH. This information can prompt healthcare providers to connect patients with appropriate community resources, such as food banks or transportation services, and address the underlying social factors influencing their health outcomes. By leveraging ChatGPT's ability to extract subjective SDOH information from EMRs, healthcare organizations can develop more targeted interventions and support programs to improve patient well-being and reduce health disparities.⁴⁾



Using Document Analysis Power of Chat GPT in Day to Day Outpatient Practice

The integration of ChatGPT's document analysis capabilities into day-to-day outpatient practice has the potential to revolutionize the way healthcare providers manage and utilize patient information. In the fast-paced environment of outpatient clinics, where time is a precious commodity, ChatGPT can streamline the process of reviewing and extracting relevant data from patient records, enabling physicians to make more informed decisions and provide better patient care. By leveraging ChatGPT's natural language processing and machine learning techniques, healthcare professionals can quickly access key information from a patient's medical history, allowing them to focus on delivering personalized, high-quality care.

One of the most significant applications of ChatGPT

in outpatient practice is its ability to summarize and highlight pertinent information from a patient's electronic medical record (EMR). Prior to a patient's appointment, a physician can input the patient's EMR into ChatGPT, which can then generate a concise summary of the patient's medical history, including chronic conditions, medications, allergies, and recent test results. This summary can be tailored to the specific needs of the upcoming visit, such as focusing on cardiovascular risk factors for a patient presenting with chest pain or emphasizing mental health history for a patient with anxiety. By having a readily available, condensed overview of the patient's background, physicians can quickly review essential information, saving valuable time during the consultation and ensuring that important details are not overlooked.⁵⁾

Another valuable application of ChatGPT in outpatient practice is its ability to assist in the interpretation of complex medical reports, such as radiology or pathology findings. These reports often contain technical language and intricate details that can be challenging to decipher quickly, especially for healthcare providers who are not specialists in those fields. ChatGPT can be trained on a vast corpus of medical literature and expert interpretations, enabling it to provide concise, easy-to-understand summaries of these reports. For example, if a primary care physician receives a mammography report indicating a suspicious finding, ChatGPT can highlight the key points, such as the size and location of the lesion, and provide a plain-language explanation of the radiologist's recommendations. This can help the physician quickly grasp the significance of the findings and make appropriate decisions regarding further evaluation or referral, ultimately leading to more timely and effective patient care.⁶⁾



Furthermore, ChatGPT can assist in the generation of patient-friendly educational materials and care instructions. After a consultation, physicians can input the patient's diagnosis, treatment plan, and relevant lifestyle modifications into ChatGPT, which can then generate personalized, easy-to-understand handouts or email

templates. These materials can include information about the patient's condition, medication instructions, and self-care tips, tailored to their specific needs and health literacy level. For instance, if a patient is diagnosed with type 2 diabetes, ChatGPT can create a customized handout explaining the importance of blood sugar control, outlining a healthy diet and exercise plan, and providing instructions for using a glucometer. By automating the creation of patient education materials, ChatGPT can save physicians time while ensuring that patients receive consistent, accurate, and accessible information to support their self-management efforts. This can lead to improved patient understanding, adherence to treatment plans, and ultimately, better health outcomes in the outpatient setting.

Using Document Analysis Power of Chat GPT in Medical Research

The application of ChatGPT's document analysis capabilities in medical research has the potential to revolutionize the way researchers process and extract valuable insights from vast amounts of scientific literature and clinical data. With its advanced natural language processing and machine learning techniques, ChatGPT can efficiently analyse large volumes of unstructured text, enabling researchers to uncover hidden patterns, generate new hypotheses, and accelerate the pace of medical discoveries. By leveraging ChatGPT's ability to understand and interpret complex medical language, researchers can more effectively navigate the ever-expanding landscape of biomedical knowledge and focus their efforts on the most promising areas of investigation.

One of the most significant applications of ChatGPT in medical research is its ability to facilitate systematic literature reviews. Conducting a comprehensive review of the existing literature is a critical step in any research project, as it helps researchers identify knowledge gaps, avoid duplication of efforts, and build upon previous findings. However, the process of manually searching, screening, and extracting relevant information from a vast corpus of scientific papers can be incredibly time-consuming and labour-intensive. ChatGPT can streamline this process by automatically identifying and summarizing key findings from relevant studies based on specific search criteria. For example, if a researcher is investigating the efficacy of a particular drug for treating a specific disease, they can input the drug name, disease, and desired outcome measures into ChatGPT.⁷

The model can then scan through thousands of related research articles, extract the most pertinent information, and generate a concise summary of the current state of knowledge on the topic. This can save researchers countless hours of manual work and allow them to quickly

identify the most promising avenues for further investigation. Another valuable application of ChatGPT in medical research is its ability to assist in the analysis of electronic health records (EHRs) and other clinical datasets. EHRs contain a wealth of information about patient demographics, medical histories, treatments, and outcomes, which can be invaluable for studying disease progression, treatment effectiveness, and identifying risk factors.

However, much of this information is often buried in unstructured clinical notes, making it difficult to extract and analyse using traditional methods. ChatGPT can be trained on large datasets of EHRs to identify and extract relevant clinical concepts, such as symptoms, diagnoses, and medications, from free-text notes. This can enable researchers to more easily explore associations between various factors and patient outcomes, generate new research questions, and identify potential targets for intervention. For instance, if a researcher is studying the relationship between obesity and cardiovascular disease, they can use ChatGPT to analyse a large dataset of EHRs, extracting information on patient BMI, blood pressure, cholesterol levels, and other relevant variables. By automating the process of data extraction and organization, ChatGPT can help researchers more efficiently uncover meaningful patterns and insights that may have otherwise been missed.⁸

Furthermore, ChatGPT can aid in the generation of novel research ideas and hypotheses by analysing trends and connections across multiple domains of medical knowledge. By training ChatGPT on a diverse range of biomedical literature, including research articles, clinical guidelines, and expert opinions, the model can develop a broad understanding of the complex interplay between various biological processes, diseases, and treatments. Researchers can then engage in interactive, exploratory conversations with ChatGPT, asking open-ended questions and probing for potential connections and insights. For example, a researcher studying the gut-brain axis and its role in neurological disorders may ask ChatGPT to explore the relationship between specific gut microbes, inflammatory pathways, and neurodegenerative diseases. Through its ability to synthesize information from multiple sources and identify novel connections, ChatGPT can help researchers generate new hypotheses and research directions that may lead to groundbreaking discoveries in medical science. By leveraging the power of ChatGPT's document analysis capabilities, medical researchers can accelerate the pace of knowledge discovery, ultimately leading to the development of more effective diagnostics, treatments, and preventive strategies for a wide range of diseases.



Protecting Patient Data while using Chat GPT - Role of Document Anonymizers

When utilizing ChatGPT for document analysis in healthcare settings, protecting patient privacy and ensuring the confidentiality of sensitive medical information is of utmost importance. To address this critical issue, the use of document anonymizers plays a crucial role in safeguarding patient data while still allowing healthcare professionals and researchers to leverage the power of ChatGPT for extracting valuable insights. Document anonymizers are specialized software tools that remove or obscure personally identifiable information (PII) from medical records, such as names, addresses, social security numbers, and other unique identifiers. By processing medical documents through these anonymizers before inputting them into ChatGPT, healthcare organizations can maintain patient privacy while still benefiting from the model's advanced natural language processing capabilities.⁹



For example, consider a scenario where a healthcare provider wants to use ChatGPT to analyse a large dataset of patient discharge summaries to identify common themes and areas for improvement in their care delivery processes. Before feeding the discharge summaries into ChatGPT, the provider would first run the documents through a document anonymizer. The anonymizer would scan each summary and replace PII with generic placeholders or pseudonyms, ensuring that no individual patient can be identified from the processed text. For instance, a patient's name, "Anjum Ahmed," might be

replaced with a generic identifier like "Patient X," while their date of birth could be replaced with an age range, such as "45-50 years old."

Once the discharge summaries have been anonymized, they can be safely input into ChatGPT for analysis without compromising patient privacy. The model can then generate insights and summaries based on the anonymized data, enabling the healthcare provider to identify trends, quality improvement opportunities, and best practices without exposing sensitive patient information. By incorporating document anonymizers as a critical step in the ChatGPT workflow, healthcare organizations can strike a balance between leveraging the power of artificial intelligence and maintaining the highest standards of patient privacy and data security.¹⁰



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